



Creepy Valley - 2010 Activity Information

Pre-booking Essential - Please call the office on **Tel. 01534 638888** or Email info@creepyvalley.ie.



Aerial Trekking - Spectacular High Ropes Course with 32 challenges at Heights of 3m, 8m and 12m

The participant gets fitted into a harness and helmet and then after instruction enter the tower to the first level of the Aerial Trek Course. The participant will then be hooked into the Continuous Belay System and enter the course one by one, traversing the challenges between the poles and finish off the challenges by returning to the tower.

Each participant will do up to 2 levels of the Aerial Trek course (3m/ 8m or 12m levels) and finish off by throwing themselves off the 12m Powerfan Freefall jump!!!! Min age 10 years old / Height 135cm / Max Weight 120kg

Duration	Adult	Child	Family (4 people max 2 adults)
1.5hours	£25	£20	£68



Archery - Compete in Friendly Target Based Competition

Familiarise yourself with a bow and learn how to take aim with tuition from our trained instructors. Max group Size 12.

Minimum Age 10 years old

Duration	Adult	Child	Family (4 people max 2 adults)
1.5hours	£25	£20	£68



Climbing & Abseiling – 12m Climbing Wall with 18 graded routes

Participants will learn the basics of climbing & Abseiling from our 12m tower, including communication & belaying techniques at the same time as getting some excellent exercise. Max Group Size 8.

Minimum age 10 years old.

Duration	Adult	Child	Family (4 people max 2 adults)
1.5hours	£25	£20	£68



Laser Combat – Like Quaser but in the Great Outdoors

The session includes up to 4 different tactical games within the session. Participants are given a laser gun and helmet, split up into 2 teams. Games Themes could include Fallen Pilot (an Air Force pilot is down and the British are going into rescue him, only problem is that the Jerries have seen the plane too and are out to stop you!!!), The Diplomat (Transport your diplomat safely from one location to another without the enemy hijacking him/her!!), Flag Challenge (battle against the enemy to retrieve your flag from their base and bring it back home safely) etc.

Min age 10 years old.

Duration	Adult	Child	Family (4 people max 2 adults)
1.5hours	£25	£20	£68



Military Style Assault Course – Balance, Speed and Agility

The participants will be shown around the course and the techniques required to complete the course safely. They will be then split into two groups which will race against each other with the individually members of the teams helping each other through the obstacles. Also can be run as an individual timed basis. Excellent for getting the participants working and talking to each other (mini team building).

Minimum Age 10 years old.

Duration	Adult	Child	Family (4 people max 2 adults)
1.5hours	£20	£15	£60



Zip Wires

Starting from the top of the 12m tower, the twin zip lines run for over 100m over the centre floor and pond. Approx.

Only can be booked with another Activity.

Minimum Age 7 years old.

Duration	Adult	Child
Approx 45 mins	£7.50	£6.50



King Swing

Giant Swing in which the group pulls the participant up to the height requested (and higher sometimes!!!), then after getting the go ahead from the instructor, the participant pulls the quick release to swing past the ground at speeds of up to 50mph !!! Approx. Duration 45 mins.

Only can be booked with another Activity.

Minimum Age 7 years old.

Duration	Adult	Child
Approx 45 mins	£7.50	£6.50



Powerfan Freefall Jump

Walk the plank from the top of the 12m tower and experience an exhilarating drop into the pit on the ground !!! Approx. Duration 30 mins.

Min Age 7 years old / Max weight 120kg

Only can be booked with another Activity.

Minimum Age 7 years old.

Duration	Adult	Child
Approx 30 mins	£6.00	£5.00

Booking Payment

Payments to be made by cash, cheque or credit card and time of booking.

Weather

As we are in the outdoors, the weather does sometime play a part. All children should dress according to the weather conditions and the Operations Manager will be contact with the Party Organiser prior to the event to give an update. In the unlikely event that the activities have to be cancelled due to weather, we would give a full refund or can re-schedule the event.

Cancellations

Please see our Booking Terms and Conditions on our website www.creepyvalley.je .

Health & Safety

All activities are taught and overseen by qualified instructors. All safety equipment is provided. Risk assessments and insurance details are available by request.